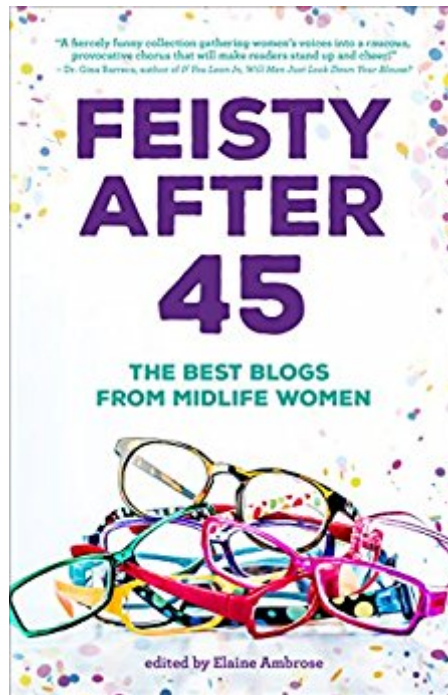




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# Feisty After 45: The Best Blogs Of Mid-life Women



## Synopsis

These humorous and inspirational blog posts from 45 of the best midlife bloggers offer proof that tumbling over the far side of 45 is worth the journey. This anthology includes the true story of the middle-aged woman who attempted to give her husband a lap dance in the kitchen but the result was anything but steamy. Another writer describes how you're allowed to teach your grandchild descriptive words such as "dingleberry" and "fartcake" without an ounce of guilt. Other bloggers offers poignant stories about aging, caregiving, and how to celebrate Mother's Day after the children are grown and live far away. These feisty females will encourage you to keep your chin up and your reading glasses handy!

## Book Information

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## Customer Reviews

I was excited to be a contributing author to Elaine Ambrose's "Feisty After 45" anthology, but in contributing only a tiny piece I was unsure what to expect of publication. I am delighted to say how much I love the entirety of this anthology because of the broad spectrum of talented women and their experiences that are so well represented in these pages. I read it from beginning to end in one

evening and enjoyed it immensely, giggling where the stories were hilarious and embracing every heartrending moment I could so readily identify with. Well done, and thank you, Elaine Ambrose, for compiling such a nice stable of midlife bloggers into one exceptional collection.

I absolutely love how the best bloggers in *Feisty After 45* have taken real aspects from their life, shared through their blogs and invited us to feel and laugh with them. Nothing is left unsaid and many stories have an aspect of humorous irony that makes the reader smile along. Note that my blog about cellulite has been included in the book. But, that makes it even better since my blog includes information from credible websites that use evidenced based research to educate, as do I. Who could laugh about that? I say anyone at all who has pranced the beach in her midlife body amongst the firm and 20 year-old thong-wearing group and decides the hell with it. Not all of the blogs are laugh out loud funny, as some are poignant and others take us on journeys we might not experience. For example, one of the blogs, titled *Allegorie de Soie*, written beautifully by Susan Swicegood Boswell is a post about her visit to Machu Picchu, a place I have always wanted to visit. For her, it is a life affirming or even changing event. You need to read and decide for yourself. In the end, I want to see what she saw. I could go on and on, as I so connected with the stories on many levels. My only disappointment is that I didn't get to meet the other writers in person. What a lively group gathering that would be, for sure. However, I do get to associate with them through their inclusion in *Feisty After 45*. How did *Feisty Over 45* become so rich with great story telling? No doubt through the selections by editor, Elaine Ambrose. She is an amazing well-published humor writer. One of her best selling books, *Midlife Cabernet*, is a very funny look at love and life in middle age. Loved it too. "Publishers Weekly wrote that the book is "laugh-out-loud funny," and Foreword Reviews wrote that the collection of essays is "an argument for joy." Elaine won two national humor awards for *Midlife Cabernet*. In this polarizing election season, I say take an escape into authentic real-life stories where you will, no doubt, feel the kind of emotion that brings you to a better place that only shared experiences, humor and joyful story telling can take you. Have a wonderful journey!! I know I did.

This is a wonderful compilation of wit and feistiness! I love the variety held within these pages and I was HIGHLY entertained throughout the entire book. The stories encompass every aspect of real life from real women - raw, fun, hilarious women who aren't afraid to show us their ups and downs through their writing. I admire women who aren't afraid to be open and honest and especially when they do it in a relatable way. Don't pass up this book, it's a must-read!

Humorous, witty and realistic stories of midlife and aging as a woman by multiple women from different walks of life.

Just a very very ho hum little collection

This anthology has something for anyone, and I'm not just saying that because I contributed a piece to it. The writing of some of the funniest midlife or older women can be found within its pages, as well as inspirational pieces and so much more. It's a bedside table kind of book--one you can pick up and read each night before bed, then drift off to dreamland with happy thoughts. Or with laughter. And then do it again the next night. I'm a big fan of anthologies of all kinds, but it's a bonus any time I can relate to the topics at hand. As would any woman over 45. I'm giving some as birthday gifts this year and one as a mother's day gift. Yes, that good.

Feisty after 45 is funny, clever, sharp, and awesome. Everyday women write like you are sitting down for coffee with them. If you are fan of blogs or bloggers the writing will be very familiar to you. If you have never read a blog post, you will always check them out after reading this book. You will also realize the more unknown or random the blogger and topic, the more likely you should click on the link. This book is very topical and readable. Men and women alike will find at least once chapter that they like. This book would also make a great gift. It's worth it!

This wonderful anthology of selections from bloggers over 45 years of age is a great book to have on your shelf to pick up anytime for a bit of a chuckle or just for inspiration. Elaine Ambrose collected pieces from various over 45 bloggers and compiled the perfect reading material for anyone despite their age. Each woman featured in the book shares a bit of herself in a short very readable selection. I read this book on a quick airplane trip and loved having the ability to read some essays from some exceptional writers. The anthology of works from 45 authors is one of the most enjoyable anthologies that I have read recently and I was thrilled to be able to connect with some of these creative and inspiring women through their blogs. This is one of those books that I will not just keep on my shelf but pass around to friends (it is already in the hands of my sister) and re-read time and time again just for the fun of it. If you are in need of a few laughs or just some inspiration check this one out. You won't be sorry.

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